



Thursday November 24, 2022

Thanksgiving Day Turkey Trot in Lake in the Woods Registration

Late registration starts at 8:30 am

1 – mile fun run/walk, Open 5K, and Master 5K (50+) **Race starts at 9am**

Race courses – Both will stay within Lake in the Woods

This will be an Owner/Renter hosted event. Any family, relatives and friends of Lake in the Woods Owners or Renters are welcome to participate.

Medals will be presented to Fun Run finishers. Trophies awarded to 1-3 place Men's and Women's Open 5K. Plaques for 1 Place Men's & Women's Masters 5K

Runner's Name _____

Owner Renter Guest _____ Hosts Name

Race Choice (circle one) FUN RUN OPEN 5K MASTERS

I know that running and volunteering to work in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to be safely complete the run. I assume all risks associated with running and volunteering to work in a road race including but not limited to falls, contact with other participants, the effect of the weather, including high heat and /or humidity, the conditions of the road and traffic on the course, all such risks being know and appreciated by me. Having read this waiver and knowing these facts and the consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release Lake in The Woods Owners Association and its officers and agents, all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this activity even though the liability may arise out of negligence or carelessness on the part of the persons name in this waiver.

Signature: _____ Date: _____

***** First 30 Runners Registered get a free T-shirt *****