

ONE FORM FOR EACH ENTRANT



Thanksgiving Day Turkey Trot in Lake in the Woods

Thursday November 26, 2020

1-mile fun walk/run and 5K run at 9:00am

Race courses: 1 mile fun run –5K – both courses will stay within Lake in the Woods

Runner Name: _____

Male _____ Female _____

Race number _____

Host Name: _____

Race choice (circle): Fun Run 5K

I know that running and volunteering to work in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in a road race including , but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being know and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release Lake in the Woods Owners Association and its officers and agents, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this activity even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: _____

(Parent's signature if under 18)